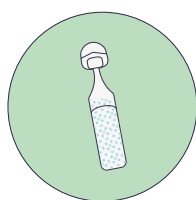


TILMAAMAHA

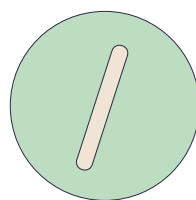
QALABKA MUUNADA WAXAA KU JIRA



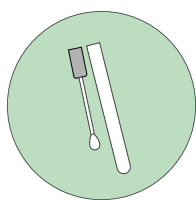
TILMAAMAHA



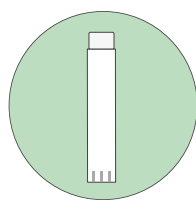
DHALO YAR OO KU
JIRTA CUSBO STERILE
AH NaCl 0.9%



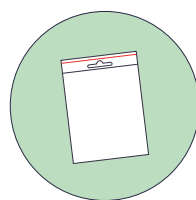
USHA CARABKA
LAGU CELIYO



TUUBBOOYINKA
TIJAABADA OO LEH
USHA QAADISTA
MUUNADA



BAARISTA
CANDHUUFTA



BAC AFKA KAXIRAN


CE LA
CALAAMADEEYAY
QALBKA MUUNADA
SHAQSIYEED


BAARIDA PCR I
TAYADA LAHUBO
SHEYBAARKA


JAWAABTA

WAXQABADKA
Natiijooyinka daraasadda
ansaxinta.
dareen: 95.7%
gaar ahaaneed: 99.1 %
Amaan: 97.8 %

  
Dynamic Code AB
Fridtunagatan 24
582 13 Linköping

Buug-gacmeedkan ayaa
dib loo hubiye oo la
soo saaray 29-kii
Juun 2021

Haye! Kani waa Qalabka Xeerka Dhaqdhaqaaqa covid-19 oo ah qalabka muunada shaqsiyeed. Muunad qaadistu waxay qaadataa dhowr daqiiqo oo keliya in la dhammaystiro ka dibna waxaa loo diri karaa shaybaarkayaga si loo baaro. Bixiyahaaga daryeelka caafimaad ayaa kugula soo laaban doona jawaab celin markii natiijooyinka baaritaanka ay diyaar yihiin.

Waxaad heli doontaa jawaab ku saabsan haddii muunadaadu ka kooban tahay SARS-CoV-2.

→ **Tusaalooyin!** Haddii aadan isticmaali karin muraayad iyo / ama iftiin wanaagsan, waxaad u isticmaali kartaa taleefankaaga moobiilka sidii muraayad markii aad naftaada ku duubeysso kamaradda hore, iftiinka sawirkaaga taleefanka gacanta ee iftiin ahaan.

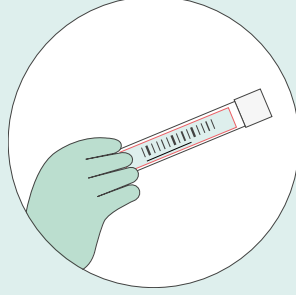
Muunadda waa in si dhakhso leh loo qaadaa marka sheeyaasha muunadda la furo. Ha i isticmaalin qalabka muunadda haddii ay waxyeello gaareyn. Xaaladdan oo kale, weydii bixiyahaaga daryeelka caafimaad xirmada qayb ururinta cusub. **Natiijooyinka baaritaanka waxay ansaxyihiin oo keliya haddii muunadda si sax ah loo qaaday iyadoo la raacayo tilmaamaha.** Qalabku waa inuu dhex yaala qolka leh heerkul waqtiga muunad qaadista. Waxaa lagula taliyay bukaanada jira 13 ama ka weyn. Caruurta da'doodu u dhaxayso 6-12, muunad qaadista waa in ay lafuliyaan mas'uul ama xirfadle daryeel caafimaad. Caruurta ay da'doodu u dhaxayso 1-5 sano, muunad qaadista waa in ay fuliyaan oo keliya xirfadlayaasha daryeelka caafimaadka.



1. AQRI GEBI AHAANBA TILMAAMAYAASHA

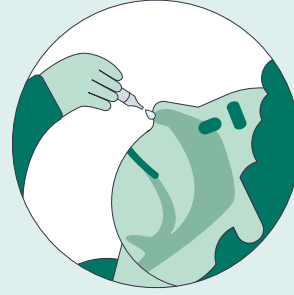
Ku bilow inaad nadiifiso gacamahaaga adigoo mar marinaya alkohol.

Akhri tilmaamaha oo dhan ka hor intaadan bilaabin muunad qaadista, si aadan u seegin waxa muhiimka ah.



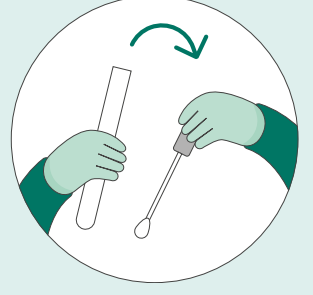
2. HUBI XOGTA

La soo bax galaaska tijaabada adoo adeegsanaya usha muunad qaadka oo hubi in macluumaadkaaga shakhsiyeed ay ku saxsan yihiin calaamadda.



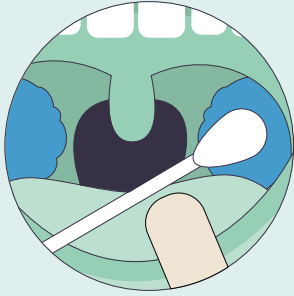
3. SANKAAGA KU RAACI ISU DARKA SALIIN

a) Haddii sankaaagu duuf xiran yahay, marka hore khiyaamee.
b) Ka fur daboolka dusha sare ee ampoule-ka (ampoule) isku darka saliinka. Madaxaaga gadaal u foorari oo qiyaas ahaan tifiq kusii kala bar isku darka hal duleel oo sankaa ah. Inta hartay ku tifiq duleelka sankaa kale. Haku yara negaado (10-15 ilbiriqsi) ka dibna u oggolow in isku darku inuu dhex maro hungurigaaga adigoo liqaaya.



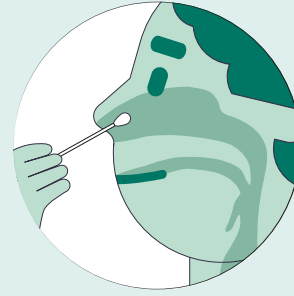
4. DIYAARI LAQISTA MUNADA

a) La soo bax tuubada tijaabada adoo adeegsanaya usha muunad qaadka.
b) Hubso inaad haysato muraayad ama taleefan gacmeed leh kamarad si aad hoos ugu eegi kartid cunaha..
c) Daboolka ku wareeji galaaska tijaabada oo xusuusnow inaad taaban qaybta jilicsan ee usha muunada.



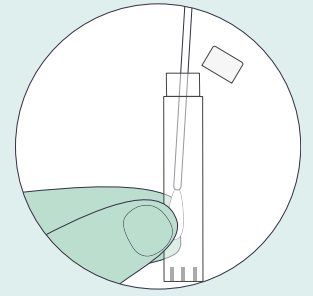
5. KA SOO QAAD MUUNADA QUMANKA IYO DALQADA

a) Ka fiiri muraayada. Madaxaaga waxyar gadaal u jeedi oo afkaaga aad u kala qaad si aad u hesho sawir cad oo qumanka ah.
b) Isticmaal usha celisa carabka sifo aad carabkaaga uga ilaaliso qaybta dambe ee afkaaga.
c) Usha munada, ku xoq qumanka labada dhinac ee cunaha illaa 5-7 ilbiriqsi. Isku day inaad ilaaliso inaad taaban qaybaha kale ee afka. Haddii



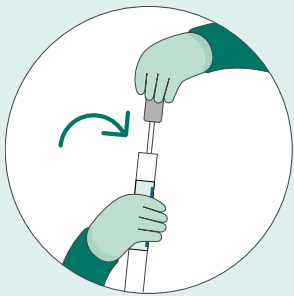
6. KA SOO QAAD MUUNADA SANKA

a) Geli qaybta jilicsan ee usha munada qaadista 2-3 sentimitir hal duleel sankaa oo ku wareeji darbiga sankaa 5-7 ilbiriqsi.
b) Ku soo celi munada ururinta si la mid ah sankaa duleelkiisa kale. Xusuusnow inaad la jaanqaado munada sankaa carruurta. Dadka waaweyn, 2-3 cm ayaa lagu quseeya, laakiin carruurta tani waxay u baahan kartaa inay ka hooseyso, iyadoo kuxiran da'da ilmuhu jiro.
e) U gudub talaabada 7 adigoo usha hoos u dhigin.



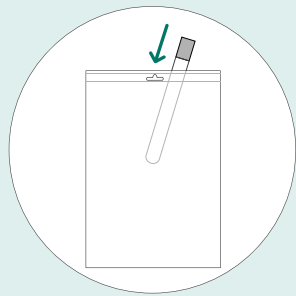
7. MUUNADA CANDHUUFTA

a) Soo qaad tuubada tijaabada candhuufta oo fur daboolka.
b) Ku tuf 2-3 jeer tuubada baaritaanka candhuufta
c) Gudaha u gali usha munada candhuufta oo ku wareeji dhowr meelood.
d) Tuur tuubada tijaabada candhuufta.
e) U gudub talaabada 8 adigoo usha hoos u dhigin



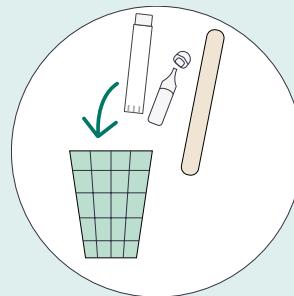
8. FURKA SAAR

Dib ugu rid usha muundada tuubada tijaabinta oo si adag daboolka u xir



9. XIR XIRADA MUNADA

Ku rid tuubada tijaabada usheeda munada bacda jiinyeerka oo xir.



10. TUUR SHEYADA KALE

Qaad tuubada tijaabada candhuufta, usha carabka celisa iyo dhalada ku jirta isku dar darka oo ku tuur qashinka gurigaaga sida caadiga ah. Kuwani waa inaan lala soo gudbin muunada.



11. SOODIR OO SUG JAWAABTA

U soo gudbi muunada shaqaalaha goobta muunad qaadista. Waxaad ka heli doontaa natiijooyinka 1177.se isla marka muunadda la baaro oo la diyaariyo.